

Information booklet 29th May 2020

This booklet details sources of support around some key themes: Emotional wellbeing, physical wellbeing, Access to food, Housing related/financial information and assured information on the Coronavirus CV19.

DISCLAIMER: all information is fact checked where possible and accurate at the time of sending. If you notice any inaccuracies, please contact CommunityInfoUpdates@leics.gov.uk

We will review and update this next week to reflect the changing support structures that are available.

North West Leicestershire

FOOD			
Area	Name	Group details	Contact details
Ashby	Ashby Foodbank	Trussel trust foodbank covering Ashby and outlying villages, open Tuesday mornings:- (9am to 10-30am) Wednesday mornings (9am to 10am). Friday afternoon (2pm to 3pm)	info@ashby.foodbank.org.uk or our mobile 07542 118878
Coalville	Coalville Foodbank The Trussell Trust,	Trussel trust food bank providing food parcels for those in crisis or with low incomes, referral needed (e-referral available) Opens: Tuesdays 10 am-12.30pm, Fridays 10am-12 noon	New Life Church, Margaret Street, Coalville, LE67 3LY T: (01530) 838355, E: info@coalville.foodbank.org.uk
Measham	Measham satellite foodbank	MEASHAM BAPTIST CHURCH Friday mornings 9am - 10am.	info@ashby.foodbank.org.uk or our mobile 07542 118878

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HOUSING			
Area	Name	Group details	Contact details
NW Leics	NWLDC Homelessness service	Supporting the homeless or anyone under imminent threat of homelessness is a critical service that is fully operational	housing.choices@nwleicestershire.gov.uk or on our freephone number (0800 952 0079)
NW Leics and Charnwood	Bridge Housing Support	Telephone support for housing advice	01509 502975
WELLBEING- MENTAL HEALTH			
Area	Name	Group details	Contact details
Charnwood, Hinckley and Bosworth, Melton, NWest Leics	Mental Health matters	Offering 12 weeks mental health support currently over the phone, self referrals accepted Website: https://www.mhm.org.uk/leicestershire-and-rutland-mental-health-wellbeing-and-recovery-service	Phone: 0300 323 0189 Email: leicestershire.andrutlandmhm@nhs.net Opening Hours: 9am til 9pm, 7 days a week.
County	Let's talk well being	Counselling service Online referral form: http://3xmatc1p0cnc3crfv93ovogp-wpengine.netdna-ssl.com/wp-content/uploads/2018/10/Lets-Talk-Wellbeing-Leicester-County-Rutland-Leaflet.pdf	Contact details: https://www.nottinghamshirehealthcare.nhs.uk/leicestershire-county-and-rutland-service 01509 561 100 Email: letstalkcr@nottshc.nhs.uk
Ashby	The Haven	Counselling service based in Ashby, serving existing clients with telephone counselling.	01530 560921 Or by email: thehavencounselling@btconnect.com
NW Leics	Hospice Hope	Support cafes are closed but they are continuing to provide emotional support, advocacy, advice, information and practical support to anyone living with a life limiting condition. We can do this via telephone and online facilities as well as	Please contact us on 07935 800 658 or email info@hospicehope.co.uk

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		the option to provide face to face support via Skype and zoom.	
County	Relate	Offers telephone counselling services for every type of relationship county wide, may need referral but can be contacted by phone or email directly.	Contact 0116 2543011 or reception@relateleics.org
WELLBEING- PHYSICAL HEALTH			
Area	Name	Group details	Contact details
North West Leicestershire	Healthy at Home	North West Leicestershire Health and Wellbeing Team are here to support you to stay in but stay active with our Healthy At Home Offer. You can also find our classes and even more at	https://www.nwleics.gov.uk/pages/healthy_at_home https://www.lrsport.org/
CORONA VIRUS SUPPORT			
Area	Name	Group details	Contact details
Agar Nook, Coalville	Agar Nook Community Centre	Supporting local residents around the estate	Contact: 01530 276000 or 07775 566532 or Rebecca.Cliff@emhhomes.org.uk
Appleby Magna/ Parva	Appleby Magna Parish Council	Supporting residents around the villages	Contact: clerk@apmagpc.com
Albert Village, Moira, Norris Hill and Spring Cottage	Ashby Woulds Town Council	Support for residents in the villages outside Ashby in the Woulds area.	Contact: clerk@aw-tc.co.uk
Ashby	Ashby Roundtable and Ashby 41 club, and Ashby and Coalville Rotary groups	Providing support for pick ups, prescriptions and shopping during Corona virus outbreak	Ian- 07976 825365 Hugh- 07772 242135 Peter- 07887 777923

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Ashby	Ashby Rugby Football Club	If you need help with a shopping delivery, a prescription collecting, posting mail or just a lift somewhere then please get in touch. Even if you just fancy a chat and some company, You can call or message through Facebook and Phil will coordinate our effort.	Phil on 07723621601 Email: ashbydor@outlook.com Facebook: follow link or https://www.facebook.com/AshbyRugby/
Ashby and Heather	Help the Elderly Ashby de la Zouch and Heather	Supporting elderly people in Ashby and Heather. Providing shopping runs and have donated items to give out for people struggling to get to shops/ pharmacies etc. specifically for older people and those on low income	Phillip Soar: 07804 405858 or email: ashbyelderly@outlook.com Facebook: https://www.facebook.com/AshbyElderly/?epa=SEARCH_BOX
Belton	Belton Volunteers Group	Supporting local residents in the village	Contact: 07752 429902 or 01530 224761 or nbmullen07@hotmail.co.uk
Breedon on the Hill, Castle Donington, Cavendish Bridge, Diseworth, Hemington, , , Isley Walton Lockington, Long Whatton, Sawley Marina, Tonge, Wilson	Coronavirus Community Support	Supporting residents in the northern part of Leicestershire around Castle Donington, based at the volunteer centre	Contact: 01332 850526 or admin@cdvc.org.uk
Blackfordby	Blackfordby coordinator	For Blackfordby residents only, help with an array of things including shopping, prescriptions, walking pets, phone calls etc.	Karen Heath, 10am-12pm week days, 01283 222575

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Coalville	Marlene Reid Centre	Coordinating help around the Coalville area	01530 510515 support@mrc.uk.net
Coleorton	Coleorton	Supporting local residents in the village	Contact: parishclerk@coleorton.org.uk
Donisthorpe	Donisthorpe Coronavirus Help Group	Offering help with shopping and telephone support, local resident's group	DCHG20@gmail.com also contact through the Halfway House or Village shop 07483 089662
Hugglescote and Donington le Heath	Hugglescote and Donington le Heath Support Group	Supporting local residents in the villages	Contact: 07511 808253 or hovellj22@outlook.com
Measham	Measham Hardware store	Shopping deliveries and supplies delivered to people self isolating	26 High St, Measham, Swadlincote DE12 7HR 01530 270396
Measham	Measham parish council	Offering signposting and advice to anyone self isolating in the Measham area during the Lockdown period. Available Tues-Thurs 9am – 3pm, Fridays 9am – 1pm	Ring 01530 589583 or email: info@meashamparishcouncil.gov.uk
NW Leicestershire	North West Leicestershire district council	Up to date Corona virus information and impact on services on their website. For information regarding support across the district contact the Community focus team	01530 454545 community.focus@nwleicestershire.gov.uk https://www.nwleics.gov.uk/pages/community_support_schemes
Oakthorpe	Oakthorpe Support Group	Supporting residents of Oakthorpe during the crisis, urgent supplies, pick-ups, posts, they have a food bank, activities for kids and families online	Caroline- 07740 481886 Amy- 07931 879137/ Amy - 01530 610125

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Snarestone	Snarestone Tote Community Response Volunteers	Supporting local residents in the village	Contact: 07795 617465 or abbycarcher@aol.com
Staunton Harold, Callans Lane, Heath End, Burney Lane, Lount	Staunton Harold Action Group	Supporting local residents in the village	Contact: 07894 268124 or paularileys@aol.com or melferrie46@gmail.com
Thringstone	Charles Booth centre	Shopping, dog walks, urgent supplies, errands etc. In Thringstone area	hello@charlesboothcentre.org.uk or 01530 222337 9am-12pm weekdays
Villages in the North west from Appleby Magna, to Shacker-stone	NWL Community Spirit Can support residents in:	Supporting residents across an array of villages in the North West: Appleby Magna, Heather, Ibstock, Newton Burgoland, Ravenstone, Snarestone, Swepstone. (Can also support residents in Shackerstone, Hinckley & Bosworth Borough)	Contact: 07951 175007 or mdrichichi@gmail.com
Whitwick	Whitwick Community Crisis team	If you need help due to isolating, with shopping meds pick up or need a phone call	clerk@whitwickpc.org woodstockinwhitwick02@gmail.com 07407 766518
Worthington, Griffydam, Newbold Coleorton	Worthington Parish Council	Supporting local residents in the village	Contact: 07855 565936 or clerk@worthingtonpc.org.uk