

# Information booklet 29<sup>th</sup> May 2020

This booklet details sources of support around some key themes: Emotional wellbeing, physical wellbeing, Access to food, Housing related/financial information and assured information on the Coronavirus CV19.

**DISCLAIMER: all information is fact checked where possible and accurate at the time of sending. If you notice any inaccuracies, please contact [CommunityInfoUpdates@leics.gov.uk](mailto:CommunityInfoUpdates@leics.gov.uk)**

We will review and update this next week to reflect the changing support structures that are available.

## Melton Borough

MENTAL WELLBEING			
Area	NAME	DETAILS	CONTACT
Melton	Breathing Space	Breathing Space offers those within the Borough help anyone struggling with isolation, anxiety, depression. Phone support	<a href="mailto:breathingspace@meltonvineyard.org.uk">breathingspace@meltonvineyard.org.uk</a>
Bottesford	Bottesford helps	Support, advice, volunteers	Bottesford helps (on face book)
Bottesford	Bottesford Matters	Share information and advice on what available in the area	Facebook page
Long Clawson	Combating Coronavirus with Kindness	Support for village members and includes volunteers. Medication, shopping etc	07484 196207
Melton Town	Melton Matters	Melton Matters can support throughout Melton Borough. They provide support for loneliness & collection and delivery service	<a href="mailto:meltonmatters@gmail.com">meltonmatters@gmail.com</a>
Melton Vale	<b>MBC Community HUB</b>	Coordinating help and support	01664 502 502 <a href="mailto:Here4melton@melton.gov.uk">Here4melton@melton.gov.uk</a>
Melton Vale	Me and My Learning	Community Hub	01664 502 342

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<b>Melton Vale</b>	Age UK, Gloucester House	Advice and support, transport, medication drop off and team of volunteers.	01664410253
<b>Melton Vale</b>	Age UK Leics and Rutland	New helpline dedicated to providing practical and emotional support to those over 70, especially those who are self-isolating and live alone.	0116 299 2278 open 9 -1pm then diverts to the national helpline
<b>FOOD</b>			
<b>Area</b>	<b>NAME</b>	<b>DETAILS</b>	<b>CONTACT</b>
<b>County</b>	Clockwise Credit Union	Melton Community pop up is suspended	0116 242 3900
<b>Melton Vale</b>	EMH Care & Support	Westbourne House and Myst Lodge are offering services, where possible, if anyone finds themselves in need of accommodation.	01530 278195
<b>Melton Vale</b>	Claire's Taxis	Taxi service to over 65's 7-8am. Also offering to pick up and deliver prescriptions.	01664 371542 Website: <a href="http://clairestaxis.com">clairestaxis.com</a> Facebook: <a href="https://www.facebook.com/clair estaxis/">www.facebook.com/clair estaxis/</a>
<b>Melton Vale</b>	<b>MBC Community Hub</b>	Melton Borough Council Community hub to consolidate help and support during this COVID -19 crisis	<a href="http://www.melton.gov.uk/here4melt on">http://www.melton.gov.uk/here4melt on</a> online referral form available
<b>Bottesford</b>	Bottesford Good Neighbours Scheme	Transport, medicine drop off, shopping and support.	07849311740
<b>Bottesford</b>	Bottesford helps	Support, advice, volunteers	Facebook: Bottesford helps
<b>Bottesford</b>	St Marys Church	General support and support with foodbanks (via Grantham food bank)	01949843348
<b>Bottesford</b>	Spa shop	Food home delivery	01949842421
<b>FINANCIAL</b>			
<b>Long Clawson</b>	Combating Coronavirus with Kindness	Support for village members and includes volunteers. Medication, shopping etc	07484196207
<b>Long Clawson</b>	Keep Long Clawson Rural	Support, advice, volunteers.	Keep Long Clawson Rural Facebook page

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<b>Melton</b>	Storehouse Foodbank	Meet ups at the Fox cancelled. Food parcels being arranged via Here4melton hub	01664 502502
<b>Melton</b>	ICare meals	Meals home delivered	01858 469902
<b>Melton</b>	Harboro Hotel	Will deliver cooked /roast dinners/ Indian food Menu online	01664 560121
<b>Melton</b>	Melton Educational Trust	Melton Educational Trust are continuing the free school meal service.	<a href="mailto:hjrobinson@mowbrayeducation.org">hjrobinson@mowbrayeducation.org</a>
<b>Melton</b>	Citizens Advice	Advice and assistance	0300 3302111
<b>Melton</b>	Age UK, Gloucester House	Advice and support, transport, medication drop off and team of volunteers.	01664410253
<b>Melton</b>	Melton Transport service	Transport	01664482903
<b>Melton</b>	<b>MBC Community HUB</b>	Coordinating help and support	01664 502 502 <a href="mailto:Here4melton@melton.gov.uk">Here4melton@melton.gov.uk</a>
<b>Melton and Asfordby</b>	Melton Care Services	Shopping	01664 569943
<b>Melton and Asfordby</b>	The Grapes	Melton Mowbray based pub is offering to <b>deliver roast dinners</b> to the elderly and those isolating in Melton for £6.99	Phone: 01664 483679 Facebook: <a href="#">The Grapes Melton Facebook Page</a>