

Information booklet 29th May 2020

This booklet details sources of support around some key themes: Emotional wellbeing, physical wellbeing, Access to food, Housing related/financial information and assured information on the Coronavirus CV19.

DISCLAIMER: all information is fact checked where possible and accurate at the time of sending. If you notice any inaccuracies, please contact CommunityInfoUpdates@leics.gov.uk

We will review and update this next week to reflect the changing support structures that are available.

Market Harborough & Lutterworth

Mental Wellbeing			
Area	NAME	DETAILS	CONTACT
Harborough District	Harborough District Council Community Hub	Coordinating a Community Hub For general stuff, Emergencies, housing or food	01858 828282 01858 821232
Lutterworth	Age Concern	Advice and support	info@ageconcernlutterworth.org.uk
Lutterworth	Community Transport	admin.luttvc@onestopshop.org.uk ct.luttvc@onestopshop.org.uk	John Warren (Chairman) Nigel Essen (Co-Manager) Roger Warmington (Co-Manager)
Lutterworth and Harborough	My Mind Matters	Mental health support - still running via telephone and phone calls	mindmatters@vasl.org.uk Tel: 01858 411383 Website: https://vasl.org.uk/our-projects/my-mind-matters

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Lutterworth & County	Movements meditation and mindfulness	Free Online Meditation session 9pm every evening	Facebook Page Link
Market Harborough	VASL	Can provide current information on where to find support. They run a befriending scheme where a local volunteer will make phone contact with a person who lives alone	Tel 01858 433232 or Email: admin@vasl.org.uk
Market Harborough	RCC	Feeling stuck or alone during the coronavirus outbreak? The RCC team are here to provide company and conversation.	01455 856330 Monday - Friday 9am - 4pm
Food			
Area	NAME	DETAILS	CONTACT
Bitteswell / Lutterworth & surrounding villages	King Henrys Taverns – Your Corner Shop Man at Arms Pub	Non-contact shopping collection (will place in boot) or delivery. Food, drink and essentials - available online. Payment taken by phone. We have a help line number 07470 143443 where people can call to order their food and drink or if they would just like a chat.	Shopping list: https://kht.theeasypc.co.uk/ Phone 10am to 5pm Mon to Sat Closed Sundays Collections 12 midday to 5pm Help line number 9am - 9pm 07470 143443
Lutterworth	Neil King Catering	Veg Boxes, ready meals, wide selection of foods available to deliver	Call 07789 378386 01455 558811 Facebook Page Link

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Lutterworth	Trussell Trust Food bank	Food vouchers referrals required and sent to Lucy Freeman. Market Harborough District Council Drivers taking to client's homes Lynne Brydon-Graham Local Area Co-ordinator is doing referrals 07889 806 061	Lucy Freeman Manager manager@lutterworthvillages.foodbank.org.uk Lynne.brydon-graham@leics.gov.uk
Market Harborough	Jubilee food bank	South Leicestershire Medical Group is a referrer for the Jubilee Foodbank in Market Harborough Harborough District Council Referrer Nicola Tate-Bohannon Local Area Coordinator referrer	Jenny 07858 141112 HDC: 01858 828282 Nicola : 07534 263 093
Welham & surrounding villages	King Henrys Taverns – Your Corner Shop Old Lion Welham	Non-contact shopping collection (will place in boot) or delivery. Food, drink and essentials - available online. Payment taken by phone. We have a help line number 07470 143443 where people can call to order their food and drink or if they would just like a chat.	Shopping list: https://kht.theeasypc.co.uk/ Phone 10am to 5pm Mon to Sat Closed Sundays Collections 12 midday to 5pm Help line number 9am - 9pm 07470 143443
FINANCIAL			
Area	NAME	DETAILS	CONTACT
Harborough District	Harborough District Council	Benefits Support	https://www.harborough.gov.uk/info/20020/benefits/115/extra_help_if_you_are_in_financial_difficulty
Lutterworth	Lutterworth Town Estate	Relief Grants - forms are available from the Town Estates office, 12 Market Street, Lutterworth, which is open on Tues & Thu 9-12	01455 559430 http://www.lutterworthtownestatescharity.org.uk/

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			lutt.tec@btconnect.com
Market Harborough	Market Harborough and Bowdens Charity	Charity relief in need grants - only serving Harborough, Great Bowden and Little Bowden residents only	Nic Tate-Bohannon Local Area Coordinator 07534263093
Market Harborough	The Howard Watson Symington Memorial Charity	Emergency funding during COVID 19	https://www.hwsmcharity.org.uk/
Coronavirus support			
Area	Name	Group details	Contact details
Billesdon	Billesdon Good Neighbour Scheme	'Buddying' scheme to those in need who are 'self isolating' and/or 'vulnerable'. Shopping & delivery from village shop, medicine delivery, dog walking, telephone support, IT support. Billesdon Parish residents only	bgns2008vb@gmail.com Phone: 0754 862 1777
Broughton Astley	Broughton Astley Volunteer Group	Volunteers helping with shopping and butchers deliveries. Prescriptions are being delivered daily in conjunction with our local chemist, these are being handled by 4 dedicated volunteers overseen by someone with NHS experience. Sharon Constable Parish Vicar has a list of people prepared to make phone calls to isolated members of our community to keep up morale and	Freephone: 08085 284477 Email: coordinator@broughton-astley.gov.uk Facebook: https://www.facebook.com/groups/3082625311761106/

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		<p>provide reassurance, with the back up of some trained counsellors, also from our community.</p> <p>Operating out of our village hall, where we have facilities to be able to store and arrange collection from, whilst adhering to social distancing rules.</p>	
Great Glen	Rev Kim Ford	<p>Local volunteer group offering help with: Shopping, Dog Walking, Look after other pets e.g. Experienced horse care, Prescription collections/deliveries, Any other chores outside of the home</p>	<p>https://www.greatglen-pc.gov.uk/ Rev Kim Ford Tel 0116 2592238</p>
Harborough	Local Social Prescriber	<p>Covid 19 info on local shops/deliveries and support available</p>	<p>Jenny 07858 141112</p>
Harborough District	Harborough District Council Community Hub	<p>Coordinating a Community Hub</p> <p>For general stuff, Emergencies, housing or food These enquiries are being processed through approx 45 volunteers that VASL have recruited to help the person find help in their specific area.</p> <p>They will ensure first however that the individuals have considered/ explored other opportunities like family, friends etc. They are using the 'Mutual Aid' groups predominantly</p>	<p>https://www.harborough.gov.uk/community-hub 01858 828282 01858 821232</p>

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Kibworth	Kibworth Isolation Relief Team	COVID-19 support	FB Page: Kibworth Isolation Relief Team
Kibworth	Coach and Horses	Roast dinners delivery	07522 762 585
Kibworth	The Well	Pop up food bank and cooked meals for those in need.	0116 2790148
Lubbenham/ Gartree & Bramfield	Lubbenham Village Support	Thy will shop and deliver on behalf of vulnerable person.	Stella Dalby – 07816-025-711 Diana Cook – 07768-472-668 clerk@lubenhamparishcouncil.org.uk
Lutterworth	Coronavirus Action Group St Marys Church / Age Concern / Lutterworth Mayor /	Help and support during Corona Virus Crisis Coordinating the volunteer support network for Lutterworth and surrounding villages. Collecting & delivering Shopping Collecting & delivering Prescriptions Telephone befriending Signposting Foodbank Referrals	crisis@lutterworthchurch.org for help 07849 729451 to volunteer 07494 196 567
Lutterworth surrounding villages	Local Social Prescriber Natasha Farmer	Covid 19 info on local shops/deliveries and support available	07443 496 173 Natasha.Farmer@GP-C82002.nhs.uk
Market Harborough	Labour Party Coronavirus Community Assistance	Offers pick up / drop off prescriptions, Collect and drop off food, contact isolated individuals	campaigns@harboroughlabour.org.uk Text: 07813644034

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<p>Market Harborough For parishes of: St. Hughes – Northampton Road, Southern Estate, New Farndon Fields estates St. Dionysius – Town St. Nicholas – Little Bowden Lubenham Great Bowden</p>	<p>Harborough Anglican Team</p>	<p>This service is free, the only thing you need to pay for are the goods you order. If you need Shopping, medical supplies, something posting or just a friendly phone call or to pray with someone? Then we have a team who can help. You can be reassured that they have been Safer Recruited. If you are over 70 then hopefully you are STAYING AT HOME.</p> <p>If your not feeling well then you are also STAYING AT HOME. If payment is needed we will buy the items first, deliver them to your doorstep with a full receipt and you can pay for them either by bank transfer or cash. A two metre safe distance will be maintained at all times.</p>	<p>Office Tel: 01858 469330 Email: andy@harborough-anglican.org.uk or text/call 07825021722</p>
<p>Medbourne and surrounding villages</p>	<p>Medbourne Village store</p>	<p>Providing groceries and medicine collection service</p>	<p>01858 565928 kerryflavell@yahoo.co.uk</p>