

Information booklet 29th May 2020

This booklet details sources of support around some key themes: Emotional wellbeing, physical wellbeing, Access to food, Housing related/financial information and assured information on the Coronavirus CV19.

**DISCLAIMER: all information is fact checked where possible and accurate at the time of sending.
If you notice any inaccuracies, please CommunityInfoUpdates@leics.gov.uk**

We will review and update this next week to reflect the changing support structures that are available.

Charnwood

Mental wellbeing			
Area	Name	Group details	Contact details
Charnwood, Hinckley and Bosworth	Mental Health matters	Offering 12 weeks mental health support currently over the phone, self referrals accepted Website: https://www.mhm.org.uk/leicestershire-and-rutland-mental-health-wellbeing-and-recovery-service	0300 323 0189 leicestershire.andrutlandmhm@nhs.net 9am til 9pm, 7 days a week
Lemyngton or Hastings wards but also to Loughborough residents.	Fearon Hall	is offering access to a FREE confidential counselling and listening service for community members who have used Fearon Hall in the past or those who live particularly in the Lemyngton or Hastings wards but also to Loughborough residents. This service is offered free due to funding provided by the Rotary Club of Loughborough Beacon, in light of the current situation regarding Covid-19.	To access this service you must first contact Dawn via email activities@fearonhall.org.uk or telephone 07710 721 481. Dawn will take some contact details and pass these onto our counsellor.

Information booklet 29th May 2020

FOOD			
Area	Name	Group details	Contact details
Barrow upon Soar	JJ's café and Bargain Booze Stonehurst Farm	JJ's café and Bargain Booze are delivering. Stonehurst Farm – are doing set boxes. cheapest was £20 and you have to buy 2.	Barrow upon Soar Helping Hands
Birstall	Food project	We ask for evidence of benefits or low income - although in normal times we are happy to give the first parcel without this evidence. As I said on the phone, I'm afraid we are not able to help those who are self-isolating, but can afford food. We need to know contact details and numbers of adults/children so that we can get an appropriately sized parcel.	People should phone/text us on 07305 093791 or email birstallfoodhub@gmail.com by Sunday evening 22:00. We will then deliver the food parcels to them on Monday.
Rothley	Rothley Baptist church Food bank	Mondays 11-1pm No food voucher necessary, will discuss needs upon arrival	0116 2374544 2 Woodgate Rothley LE7 7LJ
Syston	Total Price Community Box	Ben is delivering to various areas across Leicestershire give him a call and he will be able to let you know when he is in your area. £20 box has bread, milk, fruit, veg and eggs. Meat available at separate cost and alcohol. He will also try and source other foods if needed.	Ben Knowles 07873685308
Syston	Golden Fleece Public House	Offering Sunday lunches. Orders need to be placed in advance and payment is taken over the phone. Time slots are then allocated, you will be asked to pick your meal up at a certain time between 12-4pm on the day. At a drop off point in the car park.	01664 840275

Information booklet 29th May 2020

Syston	Scott and Cath fruit and Veg	Delivering to the vulnerable, Syston, Queniborough, East Goscote, Call Syston, payment can be made over the phone or by BACS.	07543976860
Syston	Syston Food Bank	Hub Café upper church street, Thursday afternoons 2-3:30pm currently electronic vouchers being issued.	
Syston	Maz's market	Selling all vegetables, fruit milk and bread at Scraftoft golf club Beeby Road Leicester LE7 9SJ 10-4pm	
Syston & Thurmaston	Mowbray foods	Delivering essential goods to vulnerable and elderly	Message on Facebook 'Mowbray Foods LTD' phone 0116 2604701
Coronavirus support			
Area	NAME	DETAILS	CONTACT
Charnwood	John Storer House	Are encouraging volunteers to register online by visiting Students Against Corona or by emailing John Storer Charnwood Information about projects providing/distributing food in Charnwood to the most vulnerable?	enquiries@jscharnwood.org.uk 01509 631750 Email VCSupport@charnwood.gov.uk
Charnwood	Charnwood borough council	Updates on services	https://www.charnwood.gov.uk/pages/coronavirus
Loughborough	Local Mosques	Local Mosques are working together to offer support for the vulnerable and elderly during the corona crisis	07309 209 733 Contact@imforum.co.uk
Shepshed	Shepshed volunteer centre	For Vulnerable people needing additional support	01509 650662

Information booklet 29th May 2020

Housing			
Area	NAME	DETAILS	CONTACT
Charnwood	CBC housing	Council housing emergencies only	01509 634567
Charnwood	Lifeline	Lifeline emergencies	01509 643970
Charnwood	Emergency out of hours telephone service	For the following services – <ul style="list-style-type: none"> • Housing repairs and gas • Tenancy services • Lifeline • Homelessness • Or if you need to make a payment • 	Call 0333 200 8811 (charged at local rate)
NWL	NWLDC Homelessness service	Supporting the homeless or anyone under imminent threat of homelessness is a critical service that is fully operational	housing.choices@nwleicestershire.gov.uk or on our freephone number (0800 952 0079). You can still come to our council offices if contacting us by phone and email are not possible.
NWL and Charnwood	The bridge	Housings support	01509 260500